BMJ Best Practice





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Paramedics play a crucial frontline role in delivering urgent and emergency healthcare. BMJ Best Practice can help you to provide seamless, effective and high quality treatment to your patients.

- Helps you to assess patients, provide emergency treatment and make diagnoses with fast access to evidence-based information
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- Differential diagnoses, unique treatment algorithms and step-by-step guidance on treatment to support real-life clinical demands
- Get the right information, whenever and wherever you need it. Access online and offline access via the Best Practice app
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- 5000+ images and videos which provide animated demonstrations of common procedures. For example, central venous catheter insertion

Stay current and ensure your ongoing professional development, with automatic CME/CPD tracking to support revalidation and appraisal

You are called to see a 64 year old man with severe central chest pain. He complains of retrosternal crushing pain, radiating down his left arm. He feels nauseated and light-headed and is short of breath. He tells you that he has a history of hypertension and diabetes.

Examination reveals that he has a tachycardia and hypotension. You do an immediate ECG.



What is it most likely diagnosis?



What treatment would you start immediately?



What would you say to him and his family?



Non-ST-elevation myocardial infarction V

Assessment of chest pain

How to access

- 1. Visit bestpractice.bmj.com/nhsinengland
- 2. Enter your OpenAthens username and password and click 'Sign in'*
- 3. If you are a new user, you will need to now register for a BMJ Best Practice user profile. Use your user profile to download the app for access anywhere, anytime, even offline.

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